



National Alliance on Mental Illness

NAMI FAMILY-TO-FAMILY FREE EDUCATION PROGRAM



Family-to-Family is a 12-week course for families of individuals with mental illness.

Call to Register for Fall Courses!

Trained family members teach the course; materials are free. Classes focus on the clinical treatment of major mental illnesses and the knowledge and skills family members need to cope more effectively.

Family-to-Family is for adult relatives of persons with disorders such as:

*Bipolar Disorder • Major Depression • Schizophrenia
Anxiety Disorders • Borderline Personality Disorder • PTSD*

Classes will be held in:

- Kingsville
- Owings Mills
- Gwynn Oak
- Govans

For additional information or to register, contact:

NAMI Metropolitan Baltimore, Inc.
(410) 435-2600

www.namibaltimore.org

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